

Local health and care plan refresh



Executive Summary

- Delivery of the Merton Local Health and Care Plan (LHCP) is a key programme of work being undertaken by health, social care, and voluntary sector partners in Merton to improve health and wellbeing
- The Merton LHCP describes the vision, eight key priorities and actions to meet the health and care needs of local people, and deliver improvements in their health and wellbeing through the life stages of: **start well, live well and age well** and is focused on the areas where, over the two years (2019-2021), partners could have the greatest impact by working collectively
- It was developed in partnership with local people and stakeholders with a wide range of co-production between August 2018 and July 2019 - hearing what they wanted from health and care services and testing ideas at different stages in the development of the plan
- Following the impact of Covid19 and as South West London transitions to an Integrated Care System (ICS), the refresh of the Merton LHCP is being undertaken over the summer of 2021 with the refreshed plan to be submitted to the November 2021 Health and Wellbeing Board for endorsement and approval. These slides outline the intended process and approach to the refresh of the LHCP

Recommendations:

- The Health and Wellbeing Board is asked to note the process and approach to refreshing the Merton LHCP



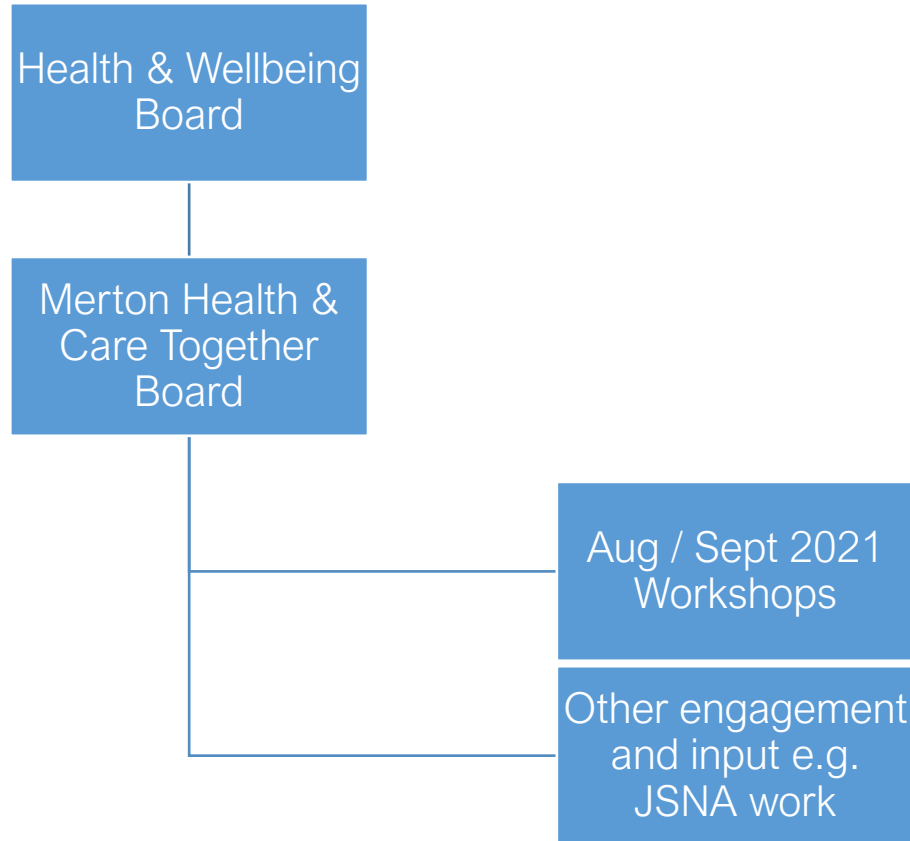
Plan for refresh

The refresh of the Local Health and Care Plan will be based on:

- The Start Well, Live Well and Age Well workshops jointly facilitated by the place based Transition Team in Merton through August and September 2021
- The refreshed Joint Strategic Needs Assessment and the emerging Population Health Management work being developed by South West London CCG to ensure that the plan is evidenced based and responding to the needs of residents
- A review of progress made on the priorities already within the plan to ensure the refresh builds on momentum and delivery that has already happened
- Further engagement with wide range of partners and stakeholders; health and care professionals, voluntary and community leaders and service users, carers and their families to ensure that the plan reflects the key health and wellbeing priorities. This will be done through a range of methods including a survey, working with Merton Connected to link in with discussions with voluntary sector organisations, linking in with the outputs of the Your Merton survey, and work ongoing to establish a Merton partnership Communications and Engagement Forum
- The Merton Health and Care Together Board is overseeing the process and has received monthly updates since June 2021



Working together to refresh the plan – timeline



- Merton Health and Wellbeing Board to approve the refreshed local health and care plan (November – 23.11.2021)
- Merton Health and Care Together Board to monitor and track progress monthly; and review the draft refreshed plan (October – 05.10.2021)
- Transition Team Leads to facilitate workshops through August and September 2021 to inform refresh of plan
- Other engagement and intelligence will also feed into the refresh



High level overview of workshops



Workshop format

- Each workshop was co-facilitated by health and care leads from Merton, with broadly the following format, with workshops repeated twice per Start Well/ Live Well/ Age Well in a healthy place to allow greater attendance:
 - **Remind** – what is the local health and care plan?
 - **Review** – what has happened and how has Covid impacted?
 - **Refresh** – what next?
- The workshops were designed to encourage feedback and reflections on the previous plan and gather experience and expertise from people living and working in Merton to help shape refreshed priorities for the plan going forward
- They were open and accessible and held online to maximise attendance with a range of interaction was used (Menti, breakout sessions, and group feedback/ discussion) and importantly also asked how an ongoing relationship and dialogue around delivery of the plan can be developed
- The survey was also promoted at the end of the workshop for any further reflections and sharing



Workshop high level feedback

- The workshops have been well received with 100+ people attending from across health, social care, communities and the voluntary/ third sector. Generally, the sessions were very positive with attendees from a range of organisations including local authority colleagues, community leads, councillors, primary care, mental health, community and acute providers, and voluntary sector representation
- Constructive feedback was provided that we need to continue to hear the patient / service user/ carer voice more, and that health and care acronyms and jargon need to be avoided
- Some early thoughts and themes were consistent which include:
 - Broadly the priorities in the plan remain appropriate and next steps should be developed
 - To work to reduce inequalities we must continue to listen to communities, really understand their needs, and invest in them
 - The pandemic has impacted mental health and wellbeing across the life course, and it is key to understand the impact of mental health on physical health and vice versa
- Continuation of discussions are planned for example with the Merton Covid Community Champions scheduled for October 2021
- All workshop intelligence will be collated and synthesised to bring back a draft LHCP refresh for discussion to the October MHCT meeting and for sign off at the November Health and Wellbeing Board



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